

ESL Brains

What's for lunch?

1. Think of at least five foods you have at home right now. Compare your list with your partner's or your teacher's to see if you have any of the same items.
2. Look at the photos and write the missing words. Use the words you know and the words under other photos.



a pineapple, pears, _____



two peaches, an apple, three
_____, two _____, grapes



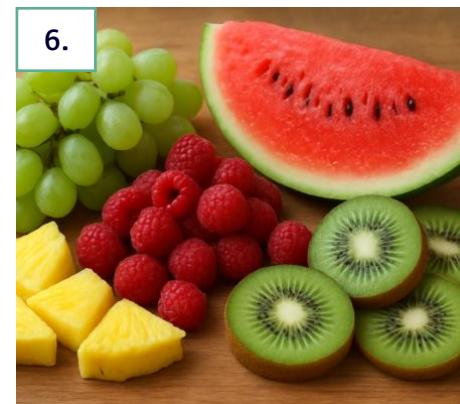
a strawberry, blueberries,
three _____



some watermelon, _____,
cherries



half a kiwi, raspberries,
_____, _____



_____, _____,
some _____,
some _____, some _____

3. Do the task below using the words in ex. 2. Add some details if possible.

- Name:
 - a fruit you ate this week.
 - a fruit you didn't like as a child.
 - a fruit you would eat on a hot day.
 - the sweetest fruit.
 - a fruit you would eat with ice cream.
 - a fruit you would put in a cake.
 - a fruit that is difficult to eat.
 - a fruit that grows in your country.

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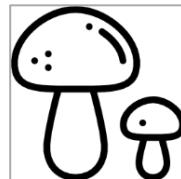
4. Look at the pictures and choose the correct name for each food item. Then, say which of the food words are not in the pictures.



tomato/broccoli



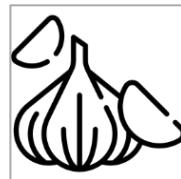
bell pepper/avocado



mushrooms/potatoes



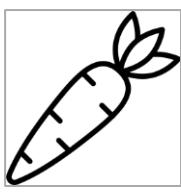
broccoli/corn



cucumber/garlic



spinach/corn



carrot/tomato



spinach/cabbage



cucumber/mushroom



garlic/onion

5. Complete each sentence with at least two words in ex. 4. Add some details.

- A. You can't make soup without...
- B. On a pizza, people often put...
- C. The best thing to have for breakfast is...
- D. In salads, people often add...
- E. I never eat...
- F. People often don't like the smell of...
- G. It's easy to cook...

6. Discuss the questions.

- Do you have a favourite fruit or vegetable?
- Are there seasonal fruits and vegetables where you live?
- What is your favourite fruit to eat in the summer? What about winter?
- Which fruits and vegetables are the most expensive where you live? Which are the cheapest?
- Do you like fruit or vegetable juices? If yes, which ones?
- Would you like to grow any vegetables or fruit at home? Which ones?



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7. Write the animal that the meat comes from. Some meat names are the same as the animals they come from.

A. chicken - _____

D. pork - _____

B. turkey - _____

E. lamb - _____

C. beef - _____

F. ham - _____

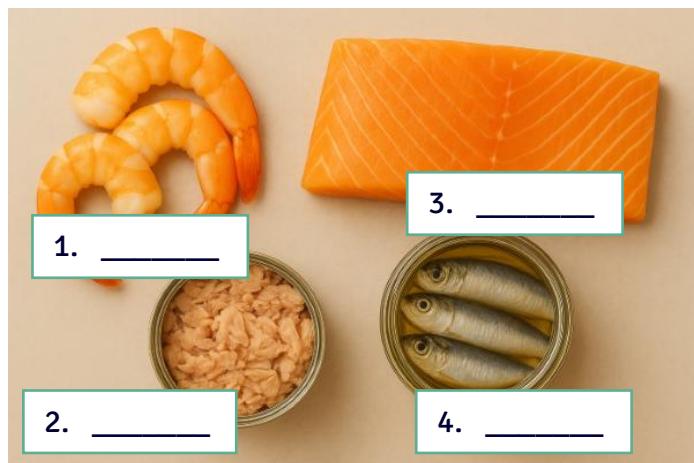
8. Read the definitions of the food items in bold (A–D). Then, write the names of the food items in the picture (1–4).

A. **prawns** – small, pink seafood that tastes good in tacos or salads

B. **sardines** – small fish, often sold in a jar or can, usually in oil

C. **tuna** – meat from a large fish, often sold in a can

D. **salmon** – pink fish with healthy fat, often eaten grilled or raw in sushi



9. Talk about the foods in ex. 7 and ex. 8 using the points below.

- Say how often you eat them.
- Say if they are cheap or expensive where you live.
- Describe traditional dishes with them.

10. Work in pairs. Student A, choose a dish from the list below. Student B, name five ingredients for Student A's dish. Student A, say you don't like one of the ingredients, explain why and suggest a different ingredient. Use the words in the boxes and other foods you know. Then, swap roles. Discuss at least eight dishes.

EXAMPLE: Student A: *I choose pizza.*

Students B: *You need tomatoes, cheese, mushrooms, bell peppers and some pineapple.*

Student A: *Sorry, but I don't like pineapple on pizza. It's too sweet. I prefer onion.*

- salad
- fruit salad
- vegetable soup
- pizza
- pasta
- omelette
- barbecue meal
- sandwich
- tacos
- burger
- curry
- fried rice

avocado	cucumber
bell pepper	garlic
broccoli	mushroom
cabbage	onion
carrot	spinach
corn	tomato

banana	pear
blueberry	pineapple
cherry	raspberry
grape	strawberry
kiwi	watermelon
peach	

beef	lamb
chicken	pork
ham	turkey

prawns	sardines
salmon	tuna

11. You are going to play a word game. You have three minutes to write down as many words as you can in each category (A–F). When the teacher says *Stop*, read your words and count all the correct ones. The student with the highest total number is the winner.

- A. food you should keep in the fridge
- B. food that children often don't like
- C. food that is red
- D. food that has a strong smell
- E. food that grows on trees
- F. food that you can put in a burger